

Certified Practitioner of NLP Training Syllabus

Eight days jam packed with amazing, life changing learning and insights!
This is a **professional training** and on completion you will be *Certified as a Practitioner of NLP*. You will also be entitled to become a Professional Member of Association of Neuro Linguistic Programming (ANLP) U.K.

Details

The nature of the world, being human and subjective experience.

The Presuppositions of NLP

Sensory Acuity : Sharpening your senses

Calibration : How to 'read' people

Rapport skills to connect to & make people like you and cooperate with you

Break States to rapidly change the state/mood people are in

Psycho-geography and Boundaries

Representation Systems – VAKOG for better communication and connection with people & beginning to understand why people respond as they do.

Eye accessing cues for telling what modality people are thinking in.

Anchoring – run your own nervous system & collapse negative, sad or fearful states. Condition yourself for success.

How to get other people into the state you want them in.

Create your circle of excellence & feel fantastic

Outcomes – Getting what you wish for and making your dreams real. How to set achievable goals that are inspiring.

Perceptual positions: How to see things in different ways and experience different points of view, understand others and situations better. Helps relationships too.

Logical levels for change management, problem solving, solution checker, goal and dream alignment, ecology checking and self assessment.

Chunking up, down and sideways for lateral thinking, for big picture, for details. Excellent tool for ending conflicts, for negotiating and for making meetings effective.

The Meta Model : The art of questioning. Ask the right questions and get much better answers. It pulls wrong or unhelpful or destructive thinking out by the root. The one asking the questions is the one with all the power.

Milton Model: Learn the language of influence, persuasion, diplomacy, spin writing, peace making and Hypnosis. Being very artful in how you speak and what you say. How to talk for hours without saying anything.

Submodalities: to understand how the mind stores information and memories and how you can change memories, beliefs and thinking patterns.

Fast Phobia Cure

New Behaviour Generator

Swish Pattern

Strategies and modelling excellence: Learn how to find out how skilled and excellent people get the results they get, so you can get those results too.

Metaphor and the metaphors we live by

Parts integration technique for making better decisions/choices, for solving internal conflict and for finding out what is most important to you.

6 Step Reframe technique for habit busting & behaviour change

Frames, framing and Reframing: Debating skills, arguing skills and more persuasion and mind changing skills.

Timeline techniques, powerful and life altering! Regress to any past experience, even childhood, and clean up your mind and emotions and free it so old hurts never again affect your present or future.

Program your mind for success in the future. Do effective and lasting therapy on yourself and others.

Payam Siddiqi

Certified Trainer and Master Practitioner of NLP

Trainer Member of ANLP U.K.

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